

APRIL NEWSLETTER

Issue 4 2025



Dear Members,

In this month's newsletter, we bring you:

- ECH Online Seminar: *Homeopathy Unlocked: Principles, Practice & Potential*
- ECH Spring Meeting: 10-11 May
- LMHI Congress: 14-17 May
- Alert: Amsterdam traffic chaos throughout 2025
- In Memoriam: Dr Marcel Lo Cicero, 1935-2025
- Scottish Clinic Saved
- La Homeopatía de México
- *Omeopatia33 – Cannabis sativa in fibromyalgia, a case report*
- Wanted – Photos / Videos / Interviews
- From the Archives
- Dates for Your Diary

Best wishes

ECH Communications Team



THE EUROPEAN COMMITTEE FOR HOMEOPATHY

Join us for a homeopathy seminar targeted at health professionals in training who are curious about homeopathy.

Homeopathy Unlocked: Principles, Practice, and Potential

World Homeopathy Day – 10 April 2025, 18:00-19.00 CET



Whether you're a medical student, healthcare professional, or simply curious about homeopathy, this event is your chance to explore its diverse applications—from human and veterinary medicine to agronomy and pharmacy.


What to Expect:

- ✓ An introduction to the core principles of homeopathy
- ✓ Insights into homeopathy's role in human and veterinary medicine
- ✓ How homeopathy contributes to agriculture and global health
- ✓ The vital role of pharmacists in homeopathic practice


Speakers: Experts in homeopathy, including:

- Dr. Dora Pachova, ECH Education Subcommittee Coordinator: **Welcoming remarks**
- Dr. Natalia Tzima, Internal Medicine: **Main Principles of Homeopathy**
- Dr. Resie Moonen, General Practitioner: **Homeopathy in Human Medicine**
- Dr. Sara Faggini, Veterinary Surgeon: **Homeopathy in Veterinary Medicine: Fields of Application and Research**
- Nuria Cuch, Agronomist: **Homeopathy in Agronomy: Fields of Application and Its Key Role in Global Health**
- Susann Buchheim-Schmidt, Pharmacist & Toxicologist: **Homeopathy: The Role of Pharmacists**

 **Date:** April 10, 2025

 **Time:** 18:00-19:00 CET

 **Where:** Online on Zoom

 **Free registration – open to all!** Don't miss this opportunity to learn, engage, and connect with fellow professionals and the **European Committee for Homeopathy (ECH)**.

Register online here – <https://homeopathyeurope.org/nextgen/>



LAST CALL FOR REGISTRATION:

ECH MEETING – UTRECHT

10 – 11 May 2025

Join us for a couple of days to renew old friendships and make new ones while staying once again in the very comfortable Hotel Mitland in the lovely Dutch city of Utrecht. There will be important presentations, subcommittee and working group meetings, the General Assembly and, of course, always excellent company and good fun.

Register now – <https://na.eventscloud.com/ereg/newreg.php?eventid=823202&>

PROGRAMME

Saturday 10 May

12:00 – 14:00 Registration

13:00 – 14:00 Lunch

14:00 – 18:00 Subcommittees

19:00 Dinner – plus musical entertainment!

Sunday 11 May

09:30 – 11:00 GA: ECH Focus Plan, 2025-26 Budget, Election of Council Members

11:00 – 11:30 Coffee

11:30 – 12:30 Frans Kusse: *Academy of Integrative Medicine, The Netherlands*

12:30 – 13:00 Gena Stoykova: *Next Generation*

13:00 – 14:30 Lunch

14:30 – 15:30 Roel van Wijk: *Photons, the human light body and its meaning for the similia principle*

15:30 – 16:00 Coffee
16:00 – 18:00 Working Groups

Monday, 12 May

10:00 – 11:30 Council meeting

We look forward to seeing you in Utrecht.



Immediately after our ECH meeting, the LMHI Congress will take place from 14-17 May, at the Jaarbeurs Beatrix complex, next to Utrecht Central Station. This is LMHI's 100th year anniversary and we look forward to helping them to celebrate.

Details and registration here – <https://www.lmhi2025.org>



For both the above meetings –

Please note that *Amsterdam traffic will be heavily disrupted for most of 2025* due to large-scale maintenance work. This is having a significant impact on travel times, including for trains. If your route includes Amsterdam, you will need to allow extra time for your journey.



IN MEMORIAM

Dr Marcel Lo Cicero (1935-2025)



The story of the Italian Lo Cicero family begins in the early 1950s when they had a small but profitable business specialising in fine wines, in Casablanca in Morocco. The next generation, Marcel, and his wife, Virginie, completed their pharmacy in Italy and opened a pharmacy near Marrakech.

The pharmacist, the doctor, and the imam are the most charismatic figures in every small town in North Africa and Marcel felt a responsibility towards his customers.

The village veterinarian had diagnosed Marcel's beloved mare with severe renal failure, urging him to accept that there was nothing more to be done. Marcel turned to a homeopathic doctor he had heard about. The doctor carefully examined the animal, had all the blankets in the village collected and, after wrapping the mare and laying her in the sun, waited for her to sweat profusely. At that point, the blankets were dyed a beautiful blue. *The confirming symptom I was looking for*, said the doctor and immediately prescribed *Iodum*. Within less than an hour, the mare stood up, trembling, and urinated copiously, the first sign of a reaction that would lead to a swift recovery. Marcel was fascinated.

This ancient yet modern medical practice, along with the study of herbs and natural remedies, allowed Marcel to meet everyone's needs and he became a well-respected figure in the small town. The pharmacy thrived and Marcel delved deeper into homeopathy. He studied, prepared, and experimented.

After the birth of their children, Marcel and Virginie returned to Italy and opened a pharmacy in the heart of Florence. They decided not to base themselves in the newly established National Health Service but rather to continue to use what they had experimented with in Morocco: homeopathy and natural remedies.

Marcel's remedy preparation skills attracted a group of doctors who would be the beginning of Florence's history of homeopathy. In the 1980s and 90s, Marcel continued his travels, meeting prominent homeopaths and attending homeopathy schools throughout Italy. He also travelled abroad for further training in France, Germany, the UK and even Cuba, where he worked alongside Elio Rossi on the preparation of homeopathic medicines.

These travels also allowed him to expand the range of remedies available in his pharmacy and meet the most famous homeopaths of the day, including Schmidt, Imberecht and Vithoukas, with whom he began a dialogue and a friendship that would last a lifetime. The most precious of these relationships was undoubtedly with the Swiss physician Pierre Schmidt. At the end of his life, Schmidt passed on the baton by leaving Marcel part of his "dilute".

By the late 1990s and early 2000s, the Sodini Pharmacy had become a reference point in Europe for those seeking quality homeopathic products. Its laboratory was better stocked than any other pharmacy in Italy, and perhaps in Europe. His daughter, Beatrice also worked in the pharmacy. She handled production and began to study and train just like her father.

His humanity, along with his knowledge of homeopathy, made him a unique person completely devoted to his mission. He resolved many difficult cases, collaborating with various doctors, and many galenic preparations were decisive for the people who turned to his pharmacy. Quiet, discreet, always a bit in the shadows, we will miss the solid pillar he

was, one of the *old guard* of direct students of the great Masters, who in turn have been Masters to us.

Note: This biographical account is drawn from a presentation created by the Sodini Laboratory on the occasion of the 20th anniversary of the company's foundation (2021).

Renata Calieri, FIAMO

03



PEOPLE POWER SAVES UK'S LAST NHS HOMEOPATHIC CLINIC

Many members will know Dr Russell Malcolm, who has been an active member of ECH's Education Subcommittee for many years. Russell runs an NHS homeopathic clinic in Dundee in the east of Scotland. This is the last remaining dedicated NHS homeopathic clinic in the UK and over the years there have been many – so far unsuccessful – attempts to close it down.

Russell has a huge amount of local support not only from his many grateful patients but also from oncology consultants, who are very happy to refer their patients to him, acknowledging that homeopathy can help to alleviate the often-distressing side effects of the toxic treatments they must use.

As Scotland's ageing population increases, more and more local authorities are finding it impossible to meet all the demands for their services, particularly in the Health and Social Care sectors – which, in Scotland, are free to users. Dundee City Health and Social Care Integration Joint Board recently held a public consultation, with a very short lead time, to ascertain which services should be retained in the current difficult financial climate.

They sneaked in a section about the Homeopathy Clinic but, as a result of a huge upswell of support, this has now been quietly removed from the agenda. Russell would like to thank the many ECH members who participated in the survey in order to try to prevent the closure of this vital clinic. The Board have quietly buried this section of the consultation but have also said they don't consider the clinic to be viable in the long-term – no doubt they will use Russell's forthcoming retirement as an opportunity not to appoint a replacement homeopathic doctor.

This volte-face by the Board, albeit probably temporarily, shows the power of the community. Russell wishes to pass on his sincere thanks for the support and networking by ECH members whose participation has helped to save this vital service for the people of Dundee and the surrounding area.

03

LA HOMEOPATÍA DE MÉXICO



Vitalistic Medical Anthropology: An Extension to the Understanding of the Human Disease Process

Marcus Zulian Teixeira

La Homeopatía de México, Vol 94, Jan–March 2025, No 740

Abstract

Anthropology is the science that aims to study man in his plurality of ways of life and thought, incorporating the various aspects of individuality with their modalities of study (biological, social, cultural, and philosophical). In turn, medical anthropology studies the factors that influence the health-disease process, including bio-socio-cultural aspects and different healthcare systems. Following the intrinsic purpose of studying man in his plurality, vitalist medical anthropology provides philosophical subsidies for expanding the understanding of the disease process, analysing the health-disease mechanism in accordance with the human ontological structure.

Basing the diagnosis and treatment of diseases in various non-conventional medical rationalities (Chinese traditional medicine, Indian traditional medicine, homeopathic medicine, and anthroposophical medicine), the vitalist concept is a philosophical doctrine that considers the existence of a vital force (principle) responsible for maintaining health and life, united substantially to the physical body. Furthermore, valuing the interaction of other higher instances of human individuality (mind, soul and spirit) in the physiological-life balance, the vitalistic approach includes the influence of thoughts, feelings and emotions in the pathogenesis and evolution of diseases, aspects disseminated by modern psychosomatic dynamic and the recent field of research that relates health to spirituality.

Read the article here –<https://homeopatiamex.similia.com.mx/index.php/Revista/article/view/386>

03

Cannabis sativa in fibromyalgia, a case report

Fibromyalgia (FM) is a chronic condition characterised by systemic symptoms, pain and insomnia. It is usually treated with exercise, psychotherapy and psycholeptic drugs, which are not always free of noticeable side effects.

Homeopathy is one of the most widely used complementary medicines in FM, but there are no reports in the literature of the use of *Cannabis sativa*. *Homeopathy* 2024, 113 (3) 186 describes the clinical case of a 51-year-old woman suffering from FM according to the criteria of the American College of Rheumatology and characterised by insomnia, poor quality of sleep at night (Well-Being VAS = 5), anxiety, irritability and widespread algic syndrome (18 tender points with VAS = 9). The patient had already undergone pharmacological therapeutic attempts (amitriptyline and pregabalin), but without efficacy.

The patient was therefore treated with *Cannabis sativa* 6CH at the empirical dosage of 5 sublingual granules three times a day. No homeopathic worsening was reported at the start of treatment and after a few weeks the patient was already reporting an overall clinical improvement. After two months the patient was asymptomatic (VAS = 0, Well-Being VAS = 9). The dosage was therefore reduced to twice per day.

In order to verify the actual correlation between the administration of *Cannabis sativa* and the observed clinical improvement, the MONARCH Score was used with positive results; however, the authors report no further data on follow-up after two months of therapy. Therefore, although this represents a potential new approach to FM therapy, further – preferably randomised-controlled – studies will be helpful in defining more accurately the real therapeutic efficacy of *Cannabis sativa* in FM therapy.

Silvia Cocci Grifoni

Translated with www.DeepL.com/Translator (free version)

Read the original article here –

<https://www.siomi.it/successful-treatment-of-a-fibromyalgia-patient-using-a-homeopathic-preparation-of-cannabis-sativa/>



PHOTOS / VIDEOS / INTERVIEWS WANTED

The next WHO summit on TCIM will take place in the first week of December.

EUROCAM and the WHO Europe are looking for pictures, interviews, videos and any other material that show the world how Europe is contributing to TCIM (integration, research, regulation, etc etc) The Global summit is a place to 'show off' and develop ways to cooperate and advance the role of TCIM (although the WHO still uses the term TCM). The material will be used to advertise the Summit, during the summit and afterwards in the WHO Europe website. Please email rebecca.debeukelaer@gmail.com for images.



FROM THE ARCHIVES

HAHNEMANN EXHIBITION IN HOLLAND

The Hahnemann House Trust has lent the Hahnemann relics to a museum in Elburg, Holland where they are beautifully displayed. Hahnemann's consulting room in Paris has been reconstructed and the whole exhibition traces his life and work. If you are planning a holiday in Holland you can put it on your itinerary as it will be open until October 1999 at A. Vogel's Bezoekerscentrum, Industriestraat 15, Elburg. Opening hours: Weekdays 9.30 to 16.30.



Photographed with the great man himself, Dr Bernard Leary (seated) and Mr Joe Brock, Trustees of the Hahnemann House Trust went to Elburg to attend the opening ceremony.

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DATES FOR YOUR DIARY



Shisso Congress / 64th Spring Congress of the National Federation of Homeopathic Medical Societies of France (FNSMHF)

2-3 May, Strasbourg

Keynote speakers:

Liubov Dolinina and Ilya Tiraspolskiy, Russia; Michael Frass, Austria; Fabrice Berna, France; Elizabeth Thompson, UK; Michael Teut, Germany; Ingrid Theunissen, Belgium; Jan Schölten The Netherlands; and the French Shisso Team – JC Karp, V Lavallée, F Roux, I Fischer, J Pecqueur, M Lilova and JL Bagot.

Full details here – <https://www.shisso-info.com/en/>



ECH GENERAL ASSEMBLY & MEETING (see details in main Newsletter above)

10-12 May, Hotel Mitland, Utrecht

Register here: <https://na.eventscloud.com/ereg/newreg.php?eventid=823202&>



100 years
LMHI 2025
Utrecht

LMHI Congress: Joy of Homeopathy

14-17 May, Jaarbeurs Beatrix complex, Utrecht

Details and registration: <https://www.lmhi2025.org>



HRI GREECE 2025: 6th HRI International Homeopathic Research Conference

20-22 June, Makedonia Palace Hotel, Thessaloniki

Discount for ECH members – PCode: HRI2025ECH

Full programme – <https://www.hrigreece2025.org/schedule/>

Registration – <https://www.hrigreece2025.org/register/>



XXXVIII GIRI Meeting: From Hippocrates to Del Giudice – workshop on a deep understanding of the similia principle

23-24 June, Makedonia Palace Hotel, Thessaloniki

Full details here – <https://giri-society.org/next-meeting/>



2025 International Congress

on Integrative Medicine & Health

ICNM 9th Integrative & Naturopathic Medicine World Congress: the Future of Medicine

4-6 July, Paris

<https://www.consortiumcongress.org/#>



RO-INMED 2025 9th Congress of Integrative Medicine:

Integrative Medicine in the Diagnosis, Prophylaxis and Treatment of Neurodegenerate Diseases

13-16 November, Eden Grand Resort Hotel, Predeal, Romania

See poster at end of Newsletter

If you would like to submit an item to be considered for inclusion in the May issue, please send it to the editor at documentation@homeopathyeurope.org by 20 April.



Romanian Society of Medical Acupuncture and Integrative Medicine (SRAMMI) in collaboration with the National Institute of Complementary and Alternative Medicine "Prof. Dr. Florin Bratila" (INMCA), the Romanian Society of Homeopathy (SRH) and the Romanian Society of Apitherapy, Phytotherapy and Aromatherapy (SRAFA) invite you to participate in

RO-INMED 2025

THE 9th NATIONAL CONGRESS WITH INTERNATIONAL PARTICIPATION OF INTEGRATIVE MEDICINE

which will take place between November 13-16, 2025, in Predeal (mountain resort), County of Brasov, Romania at the Eden Garden Resort Hotel (<https://edengrandresort.ro/en/>), with the theme:



INTEGRATIVE MEDICINE IN THE DIAGNOSIS, PROPHYLAXIS AND TREATMENT OF NEURODEGENERATE DISEASES

The congress will take place in three simultaneous sessions:

1. Acupuncture and Traditional Far Eastern Medicine and TCM;
2. Homeopathy, Apitherapy, Phytotherapy, Ayurveda and Nutritional Supplements;
3. Info-Energetic Medicine.

Congress participation fee is 500 lei.

Accommodation "all inclusive" at Hotel Eden Garden Resort Predeal/night: 500 lei, in a double room and 625 lei in a single room. Lunch for participants without accommodation: 100 lei/meal.

The congress participation fee after August 15, 2025 is 600 lei

Attention: the number of works presented in the congress is limited. The works will be included in the program depending on the date of request and payment of the participation fee.

Deadline abstract: May 28, 2025

Participation fees for RO-INMED 2025

will be paid into the SRAMMI account opened at BCR Unirii,

current account: As. Soc. Ro. de Acupunctura,

IBAN: RO19 RNCB 0082 0441 6837 0001,

BIC/ SWIFT: RNCBROBU

with the mention: Fee for RO-INMED 2025

(It should be also mentioned: participation, participation + accommodation all inclusive November 13-15, 2025, simple meal)

Information/ Registration

Dr. Corneliu Moldovan, SRAMMI President, Congress President: E-mail: cornelmoldvn@yahoo.com

Adriana Francisca Constantinescu, SRAMMI Secretary,

Email: adinaisfan@gmail.com, phone: 0729985188



Institutul National pentru Medicina
Complementara si Alternativa "Prof. Dr. Florin
Bratila" (INMCA)

